

Activities Week 2017

10 - 14 July

High Expectations – High Achievement

How to select your activities

- ▶ Activities week events take place from Monday 10 July until Friday 14 July 2017.
- ▶ The main activities will run over a three day period from Monday 10 until Wednesday 12 July. This will be followed by a year group activity on Thursday 13 and Sports day on Friday 14.
- ▶ Students need to select a 1st, 2nd, 3rd and 4th option. LeAF Academy will endeavour to give students their first choice; however, please understand that this is not always possible where numbers are limited.
- ▶ Please note that if a deposit has already been paid towards the Year 7–8 trip to Boreatton Park or the Alton Towers trip for Years 8–10, then please mark this on the form as the only option. LeAF Academy is not in a position to allow students to re-opt at this stage.
- ▶ Finally, this is an option form. *No money should be paid in at this stage.* When students have been allocated an option, a further letter will follow with a total cost and a payment deadline.
- ▶ Both this booklet and the booking form are in cost order, beginning with the free activities and working upwards in cost. See separate booking form for full details.

SMSC Links

- ▶ Each of the activities organised for the week has a direct link to our students' SMSC (Spiritual, Moral, Social and Cultural) development.
- ▶ Each activity will be clearly labelled with one or more of the following images:



Work Shadowing (Year 10 only)

- ▶ Year 10 students will be given the opportunity to complete three days of work shadowing. This will be from Monday 10 – Wednesday 12 July 2017.
- ▶ We ask parents of students that are interested in this option to research possible destinations.
- ▶ For further information please speak to Mrs J Cheeseman on 01202 774600

Tennis

3 day activity

Years 7, 8, 9 and 10

Cost Free

Places available - 14



Students will have a full tennis coaching session from a tennis expert. Students will be taught the basics of the game and develop skills to improve their all-round performance. Over the final day and a half, all will compete in a mini tournament.

Multi-sports & Fitness

3 day activity

Years 7, 8, 9 and 10

Cost Free

Places available - 16



Students will take part in volleyball based activities, both in the beach arena and new sports hall. Students will also take part in a host of other team based sporting activities such as football, table tennis, dodgeball and handball. Students will also have use of the fitness centre.

Football

3 day activity

Years 7, 8, 9 and 10

Places available – 20

Cost £3



Social



Moral

A football based activity that is located at Leaf campus for all 3 days. Students will take part in lots of different competitions such as beat the keeper and cross bar challenge, on top of a programme looking to improve individual skills and team play. There will be a tournament on the last day with trophies for individuals and team winners.

Arts and Crafts

3 day activity

Years 7, 8, 9 and 10

Places available – 16

Cost £8



Spiritual



Social



Cultural

The first two days will be spent creating a 3D papier mache model from initial studies inspired from hobbies and interests. Day three will be spent on a day trip to the Pit Rivers museum in Oxford. The shrunken heads are a must see!!

Wildlife

3 day activity

Years 7, 8, 9 and 10

Places available – 15

Cost £3



Students will be taken on mini safaris looking for mini beasts, mammals and bird life. They will study ecosystems and visit local wildlife centres and observatories.

Photography

3 day activity

Years 7, 8, 9 and 10

Places available – 16

Cost £3



Get creative in the academy art department over two days. Get out and about on campus taking photographs and create your own memento to take home. Bring your own camera or mobile phone but remember to bring any additional leads for uploading images!

Film Making

3 day activity

Years 7, 8, 9 and 10

Places available - 16

Cost £3



Students will learn about all the different roles associated with making a blockbuster. They will find out about the production costs and what the superstars are paid. They will write a short script for a home movie and then make a short film with their team. Students will also have the opportunity to make a stop animation film.

Walking/National Trust

3 day activity

Years 7, 8, 9 and 10

Places available - 16

Cost £5



Students will take advantage of the wonderful scenery that we have on our doorstep at local National Trust venues including Stourhead, Corfe Castle and Kingston Lacy. They will have the opportunity to roam classic English gardens and look around old stately homes.

Fashion Design

3 day activity

Years 7, 8, 9 and 10

Places available - 15

Cost £10



Students will design their own product such as a T-Shirt or bag and then produce it to take home. Could you be the next Stella McCartney?

Cheerleading

3 day activity

Years 7, 8, 9 and 10

Places available - 20

Cost £15



Students will learn all the basic and expert moves for cheerleading from a national qualified coach. Students will be part of a team and practise a routine to be shown to parents and friends on the last day.

Cooking

3 day activity

Years 7, 8, 9 and 10

Cost £18

Places available – 16



Under guidance, students will have the opportunity to cook some culinary delights that they can take home for the family to enjoy. The recipes that students prepare will be varied, included both sweet and savoury dishes.

Cinema, Splashdown & Beach

3 day activity

Cinema, Splashdown and beach

Years 7, 8, 9 and 10

Cost £20



Day one will be spent at Bournemouth beach taking part in beach games. Students will travel to Splashdown, at Tower Park, followed by a visit to the Cinema in the afternoon on day two. The third day will be spent on a trip to Sandbanks beach to take part in beach games and fun activities.

Crazy Golf

3 day activity

Years 7, 8, 9 and 10
Places available – 15

Cost £20



Students will be dropped off in Boscombe and play a round of crazy golf before walking along the promenade to Bournemouth Gardens for the second competition of the day. Students will be picked up from Bournemouth on day 1.

Day two will begin in Bournemouth with a chance to improve on the previous days score before a walk along the promenade to Sandbanks and the final crazy round.

Day three will begin at Poole Park before walking to Sandbanks with the chance to improve on the previous days score. Who will win the coveted Green Jacket?

Cycling

3 day activity

Years 7, 8, 9 and 10
Places available – 10

Cost £20



Students will learn basic bike maintenance and have their bike checked over by professionals. Students will then visit the Velodrome at Slades Farm in the afternoon. There will be cycling across Canford Heath towards Upton Heath. Finally, a cycle into the New Forest, stay overnight at a large camp site before cycling back to Oak the following day.

Camping in the New Forest

3 Day (2 night) activity

Years 7, 8, 9 and 10

Cost £24

Places available – 14



Students will travel to the Red Shoot Campsite (showers and toilets available) where base camp will be set up. They will go on adventures into the forest through the day and cook an evening meal using Trangias. They will also try some night navigation before two nights under canvas.

Fishing

3 day activity

Years 7, 8, 9 and 10

Places available – 20

Cost £25



Social

Students will learn the basics of fishing. Students will visit a variety of lakes and rivers and weather permitting may have the opportunity to go sea fishing for a day.

Butchers Coppice

3 day activity

Years 7, 8, 9 and 10

Places available – 24

Cost £28



Spiritual



Social

Students will take part in a team building session followed by rock climbing, abseiling and zip wire. Other team building events will be followed by the high ropes course, archery and rifle shooting. Students report directly to Butchers Coppice each day.

Golf

3 day activity

Years 7, 8, 9 and 10

Cost £28



Places available - 20

Students will spend 3 days at Parley Court golf centre. Students will learn from the course professional who will cover all aspects of the game and accompany them throughout. Students will be able to enjoy parts of and a full round on the nine hole course.

Football

3 day activity

Years 7, 8, 9 and 10

Cost £30



Places available - 48

Students will spend one day on site taking part in various football based activities. The second day will be spent visiting a premier league football ground in London and a visit to the Natural History Museum. Day three will be based at Pelhams where students will be involved in a football tournament with individual trophies for the winners.

Marwell Zoo, Monkey world and Longleat Safari park



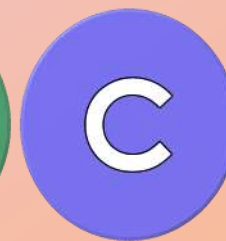
Spiritual



Moral



Social



Cultural

3 day activity

Years 7, 8, 9 and 10

Cost £40

Places available – 15

Students will spend day one at Monkey world. Day 2 will be spent at Longleat Safari Park. The final day will be spent at Marwell Zoological Park.

Cinema, Splashdown, Thorpe Park and beach



Social



Cultural

3 day activity

Years 8, 9 and 10

Cost £55

Places available – 47

Students will travel to Splashdown, at Tower Park, followed by a visit to the cinema in the afternoon. The second day will be spent on a day trip to Thorpe Park. Day three will be spent at Bournemouth beach enjoying the sun and playing beach games.

Cinema, Splashdown and Theatre Trip to London

3 day activity

Years 7,8,9,10

Places available – 47

Cost £55



Students will travel to Splashdown, at Tower Park, followed by a visit to the Cinema in the afternoon. The second day will be spent on a day trip to London including a theatre trip to the West End. Day three will be spent at Bournemouth beach enjoying the sun and playing beach games.

Paintball, Skate-park and Trampolines

3 day activity

Years 8, 9 and 10

Places available – 25

Cost £ 62



Day one will be spent at an indoor trampoline centre where students will learn new skills and improve their confidence. Day two will be spent at an indoor skate park leaving a days paintball to finish. Not for the faint hearted!

Paintball includes 500 pellets. Any extra purchased at own expense!

Sailing

3 day activity

Years 7, 8, 9 and 10

Cost £76



Places available – 40

Students will be based in Poole Park with Rockley Water-sports. Over the three days they will take qualifications in sailing and wind-surfing. This is a very good offer as the price would normally be £320 to take a sailing qualification during the summer months!

Alton Towers & Drayton Manor

3 day activity

Years 8, 9, 10

Cost £145



Places available - 48 (only 6 places remaining)

Students will travel by coach to Alton Towers. On route they will spend the best part of day one at Drayton Manor. Day two will be spent at Alton Towers resort. The final day will be spent in the park until 3pm before returning to Oak Academy. Two nights will be spent in the Alton Towers hotel with breakfast and evening meals provided.

PGL Boreatton Park

3 day activity

Years 7 and 8 only

Cost £219



Places available - 47 (only 15 places remaining)

Students will travel by coach to the amazing site in Shropshire. There they will take part in a variety of outdoor pursuits including climbing, abseiling, zip lining and archery. Students will stay 2 nights in tented accommodation with all food and drink provided.